



The Washington Club Woman

Living the Volunteer Spirit

Fall 2019
Vol. 103, No. 3



Several of the GFWC-WS ladies who attended this year's International Convention in Austin, TX were fortunate enough to tour the Texas Woman's Club Mansion and grounds prior to the start of convention. What a beautiful location!

President Mary Ellen Brock planted a yellow rose bush along with Texas President Carol Hapgood.



We need YOU!!!

We are looking for people to run for GFWC-WS executive positions. Please let your district representative on the nominating committee know so we can help you through the process. Deadlines are rapidly approaching.

Nancy Burdick
GFWC-WS Nominating Committee

**The role of a
creative LEADER
is not to have all
the ideas. It's to
create a CULTURE
where everyone
can have ideas
and feel that they
are valued.**

- Ken Robinson -

Worldy Wisdoms...



Letter from GFWC-WS President Betty



This past June, eleven members from GFWC-WS attended the GFWC Convention in Austin, Texas. Some of us started the event by going on tours of Austin or Waco, so much to see and do. It was wonderful to see the GFWC Texas clubhouse, what history! The GFWC-WS members attended the business sessions and received information about the GFWC Programs. Sandra Groves was our GFWC-WS LEADS representative. It was good to hear updates from the Partners and start looking at what we can work on for the next year.

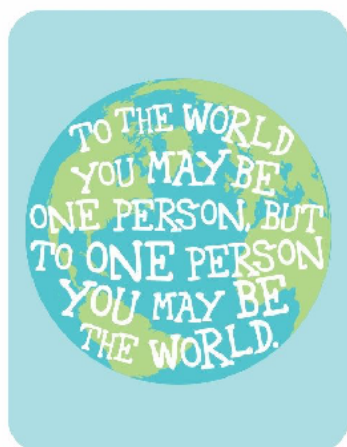
The GFWC 7 Grand Initiatives were hugely successful over the last twelve months. The initiatives for collecting Dr. Seuss books, Shoes4Souls, planting trees, and

Legislative action all passed the planned goals. As a result, the goals have been increased for the next year. At GFWC Convention, our state won awards for Shot at Life, Advocates for Children, ESO and this, our ClubWoman state newsletter.

The second weekend in June, GFWC members walked with me at the South King County Relay for Life. Our table was decorated with information about Melanoma Cancer and we had a fun game to raise money. GFWC Sokico was a Silver Sponsor and had the GFWC logo on the event T-shirt. We were able to raise over \$3,500 in support of the American Cancer Society.



The Call for 2019 Fall Board is included in this newsletter. Please plan to attend this informative event in Yakima, September 27– 29. We will be supporting a Domestic Violence Awareness and Prevention project called the Purple Purse. We are asking each District to bring one or more purple purses, and asking members to bring items to fill those purses. After this event we will donate these purses to women in need.



At Fall Board, members, clubs or districts will have an opportunity to raise money during our Fundraising Bazaar. Table rentals are just \$20. Please check out the Relay for Life table at this event.

Thank you for everyone's support,

Betty MacMaster
GFWC-Washington State
President 2018-20

GFWC-WA State goes to Texas!



Clockwise starting with our State photo...

We found the store where Dorothy Crowder had her first job!



Wendy Wheeler-Jacobs (former WA member, now OR member) won a certificate for her photo submission.

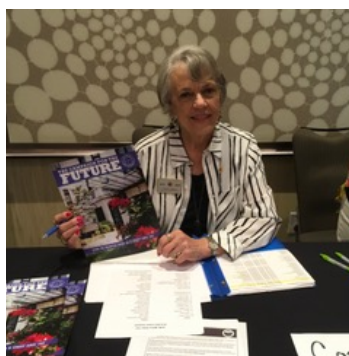
WA State represented at the Shot@Life training and information seminar!



Lela Taylor, Sue Tyler, and Cheryl Holman spent a day exploring Magnolia in Waco, TX.

Nancy Jones worked the Million Dollar Club table.

President Betty MacMaster catching up with CA President Elect Pam.



Don't Delay!!

**The deadline for WSR registration is fast approaching!
The CALL was previously sent via email but can still
be found on our website if you're in need!**

Community Service Programs...CSP's



HomeLife

Valerie Huey
Chairman

HOME LIFE and Relay for Life

October, as you know, is Breast Cancer Awareness month of which we are all very focused.

However, did you know that September is Childhood Cancer Awareness Month? Each year, approximately 15,000 children and adolescents under the age of 20 years old are diagnosed with cancer? Leukemia, brain tumors and lymphoma are the main diagnoses for these children. You can help spread awareness by distributing gold ribbons around your communities.

St. Jude hospital has reached a success rate of over 90% in treating children's cancer according to their latest TV ad. Wouldn't it be amazing if it were 100%!

As your President's Special Project Chairman for Relay for Life, I am looking forward to reading about your various participation in Relay for Life. I had the opportunity to attend a fundraiser this summer in preparation for Clark County's Relay for Life which featured nationally known inspirational author and guest speaker Barb Boswell, who is a cancer survivor herself. This was the 3rd time I was fortunate enough to hear Barb speak passionately about her life before and after her breast cancer diagnosis and her passion for Relay for Life.

Moving on... just a reminder Canine Companions for Independence is our Home Life Partner. August 4-10 was International Assistance Dog Week. I know several of your club's support Canine Companions and I am looking forward to reading about what you have done with this program!

Valerie Huey, Chairman

Advancement Areas

COMMUNITY IMPROVEMENT PROGRAM

Remember 2020 is the year to report your Community Improvement Project. Almost any project can be turned into a CIP that addresses a specific unique need within the community. Look carefully at your projects over the last two years, maybe one of your them could easily become a Community Improvement Project. Monetary prizes are awarded by GFWC ranging from \$250 to \$5000.

Carolyn Johnson
Communications and Public Relations Chairman
GFWC - Washington State



Advancement Areas: Membership

Dear Washington GFWC Members and District Presidents,

Question: Why do you think our Founder Jane Cunningham Croly stepped up and started our Federation?

- To work very hard for women
- To speak and have their say
- To stop living in the shadow of others

Yes this was living in the 1800's but not much different from today, right?

Are we going to keep our Federation on it's feet?

- Let's not disappoint those that worked so hard and came before us!
- Let's share what we have with those we meet and let them be aware they can join us and experience all we do through our Federation.

Soon we will have empty nesters. They have raised their children to this point and now it is time for MOM. Reach out to these mothers and give her a synopsis of our vast organization and that we would welcome her wisdom. Mention what all has been accomplished over the years such as 75% of all libraries, we helped start, seat belts in all cars saving lives on highways, state birds, etc. Be sure to mention all the charitable work our clubs participate in to raise money for those in need.

Make up flyers to place on bulletin boards at churches and offices and welcome them to a meeting. It takes us as members to communicate because communication gives opportunity to progress.

I named you all as our Federation's "Quiet Angels". Help us by lifting up your wings and bringing new members to your clubs. Through team efforts and working together, we will reach a goal.

Bless You all for your effort placed forward to keep our GFWC-WS strong and healthy.

Lynn Cline

GFWC-WS Membership Chairman

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The following was 'borrowed' from our fellow ladies of GFWC Florida... wise words!

To insure the future of our Federation, we must make **Membership** our top priority.

We can achieve this by working on the 4 R's together:

Renew Commitment Recruit New Members Retain All Members Reach Out to New Clubs

Renew Commitment – All members should renew their commitment to membership. If they realize the importance of this subject, they will stand up and pledge their support.

Recruit New Members – This challenge can be successful with a plan. "Each One, Bring One" - invite friends from church, neighbors, fellow business workers, relatives, and former members. Be sure to have an induction ceremony and orientation gathering. Try to discover each new member's talents and assign each one with a job. Provide a Big Sister to each new member to help them adjust. Miracles can happen, as one of our new members was elected an officer, and then volunteered to chair our annual fund-raiser.

Retain All Members – Be sure to make your programs and projects stimulating. Keep the members' interests challenged. Be open to new ideas. Recognize those who go "above and beyond". A pat on the back goes a long way. Honor those who sponsor new members with "Star Pins". Congratulate those who reach 25 and 50 years of service.

Reach Out to New Clubs – Survey your community to see where possible new clubs could be formed. There may be neighboring towns without GFWC Clubs. A small group of women could be increased to 10 members with your help. When working with your District Director and Membership Chairman, miracles can happen.

Celebrate the power of women's friendship.

Created by Kappa Delta Sorority, International Women's Friendship Month encourages women to remember the important roles friends play in their lives. Throughout the month of September, women around the world celebrate with fun get-togethers, special adventures and all-out celebrations. Many Kappa Delta chapters host special activities for women on their campuses.



Mark your calendars and join in celebrating women's friendship each September!

Go confidently! Kappa Delta Sorority is committed to building confidence and inspiring action not only in members but others as well. In 2009, Kappa Delta created the Confidence Coalition, an international movement that encourages all women and girls to embrace their uniqueness, live courageously and build confidence in one another. We invite you to take the Confidence Pledge and join the movement! <https://www.kappadelta.org/about-us/confidence-coalition/>

Spread confidence!

Print the Confidence Pledge to share with others or post it in a prominent place to remind yourself to go confidently!

Distribute "Catch Confidence" cards to women and girls in your community. Write an encouraging message on the back of the card and share it with someone who you catch being confident.

Plan a "You Make Me Smile" campaign. Write positive messages on blue balloons and hand them in your community. Or write uplifting messages on sticky notes and place them on bathroom mirrors and other places where people will find them.

Recognize special friends during International Women's Friendship Month in September. After all, friends build our confidence!

Plan confidence-building activities for girls on or around Nov. 14 in celebration of International Girls Day.

Confidence Pledge

Today, I pledge to be more confident in myself and my abilities.

I will embrace my authentic self.

I will not give in to the pressure to fit society's stereotypes. I will refrain from negative self-talk and show myself grace in times of doubt.

I am courageous and will proudly live by my values.

I will not compromise my integrity for the sake of others. I will respect myself enough to say "NO" to people and situations that are unhealthy to my well-being.

I will not undermine other's self-confidence.

When speaking to or about other women, my words will be supportive and empowering. I will use the network of women around me to influence our workplaces and communities in a positive way.

I am a woman of influence. Because of me, women and girls will know that all things are possible.

By taking this pledge, you are part of the Confidence Coalition. This is your commitment to unite with other women to educate and encourage every woman and girl to live her best life every day.

Celebration Ideas:

- Send a card or short note to your best friend telling her how much she means to you.
- Remember a special friend with a book of poetry or fiction.
- Send a card, and perhaps a photo, to a faraway friend.
- Plan a girls' night out. Go see a movie. Make reservations for dinner.
- Visit a spa together. Make appointments for manicures.
- Reconnect with a childhood friend with whom you've lost contact.
- Sign up for a cooking or gardening class together.
- Plan an adventure. Go hiking, hot-air ballooning, white water rafting, etc.
- Start up a book club with close friends.
- Send flowers to your mother, sister or other relative who has also been a good friend to you.
- Hand out goodie bags to your female coworkers. Include a note about International Women's Friendship Month.
- Create a playlist with songs that remind you of your friendship and share with your friend.
- Make a photo album or digital scrapbook that celebrates your friendship.
- Use your special talents or hobbies to make your friend a meaningful gift.
- Make plans with your good friends to volunteer at a women's shelter, soup kitchen or child advocacy program.

District Fall Board News

Saturday October 19 —

Columbia District

GFWC Columbia District Fall Conference will be held on Saturday, October 19, 2019 at the United Methodist Church in Kalamazoo, WA. The address is 111 N 2nd; Kalama, Wa 98625.

Paulette Stinson
GFWC Columbia District President

PS You'all come! 😊

North Central District

North Central District Fall Board is October 19, in Waterville at 11am. No physical address yet.

Margaret Schiffner
GFWC North Central District President

Northeastern District

Will be in Cheney - Dept of Tillicum is hosting. Meeting at the library with potluck lunch at Marilyn Nichol's home.

Audrey Charron
GFWC Northeastern District President

Saturday October 26 —

King County District

King County Fall Board is scheduled for October 26 at 1:00p.m.

Barb Murray
GFWC King County District President

Peninsula District

Peninsula District Fall Board will be Saturday October 26 at the Abigail Stuart house. Hosted by the Woman's Club of Olympia. Lots of fun planned! Everyone's invited!

Kim Skagen
GFWC Peninsula District President

Peninsula District

GFWC Peninsula District's is growing by leaps and bounds!! Several recent additions (all males) include...

Grandbabies Ethan and Davis to Beth Juvik and family

Grandson Atticus to Grandma Nancy Burdick and Mommy Sarah Burdick

Furbaby Rune to Carlene Garner and Del

Congratulations to all!

Come visit us at our Fall Board event and I will bet that these proud ladies will have pictures to share!

Kim Skagen
GFWC-Peninsula District
President



Clubs of our State

GFWC Amalak

Amalak kicked off the summer with the "Chief's Dinner," a Latin American themed night out hosted by Kalama's Chief of Police, where the ladies of the club served as sous chefs, performed set-up and clean-up, and decorated the Community Center. At this event, Amalak helped the local police department raise over \$5,000 for "Shop-With-A-Cop," an always appreciated holiday event.

The dinner was soon followed by Craft Day where elementary school kids were entertained on the last day of school and helped with over a dozen projects by our clever members. Craft stations included cookie decorating, handprint painting and mini potting benches, a project partnered by Home Depot.



Soon it was time for the Community Fair, where Amalak members registered entrants, helped set up displays, aided with the judging, hosted a food concession stand, and participated in the local parade. The Fair's theme was "Midsummer Magic" and our float again won a trophy.



In between these events, Amalak also managed a few fundraiser projects of our own. We participated in two week-long "Coffee Stops" at which our volunteers served coffee and hundreds of homemade cookies to travelers at a rest stop on the state highway. We also catered a family picnic for one of our local companies.

And if that wasn't enough, during all this club activity we even managed to spend some quality summer time with family and friends.

Even though regular meetings are suspended from the end of May until the beginning of September, our members never stop and remain busy. We are now all looking forward to getting back together, seeing old friends and beginning the new year of activities in the Fall.

Clubs of our State

GFWC Kitsap Peninsula

CINDERELLA – A Modern Day Story
June 2019

The GFWC Kitsap Peninsula Club helps collect clothing for the Poulsbo WA Fishline food bank.

One of the members agreed to gather the bags of clothing and have a member of the Poulsbo Masonic Lodge pick them up and deliver them to the food bank.

Recently an event took place that had members of the club wondering, curious and laughing a lot.

Our member walked out into her garage and found her garage door open, the big bags of clothing gone and all that was left behind was this one tennis shoe.

She contacted several members asking if they had come and gotten the clothes. They replied “no.”

Then the fun began with more phone calls and thoughts on who would do it, how they would do it and why would they leave behind on shoe. Still no clue. This continued until the truth came out.

“Cinderella” turned out to be the member of the Masonic lodge who picked up the clothes, not realizing he was leaving one item behind. End of story, the shoe has been reunited with its double and will be sent on to the food bank clothing area.



GFWC-Sokico

Betty Nelson, member of the former Emerald Peaks club, recently celebrated her 90th birthday at a reception held at the Kent Senior Center.



Clubs of our State

GFWC Battle Ground

Three new members initiated

On June 13 Penny Rich and Cherie Broschat were formally welcomed into GFWC. Winnie Martin, also a new member, was unable to attend the ceremony. Each new member was given an “everlasting” yellow carnation (club flower) and a “cheer glass.” New members also receive club yearbooks and GFWC member pins.

All three are new to the area and joined because club members personally asked them. Penny on the left, Cherie on the right.



‘New’ Library marks 10 years

This photo of GFWC-Battle Ground members, taken on March 8, 2007 in the “Old Library,” displays a promotion poster urging readers to support fund-raising for a new library. The membership of the club has changed, but the support of the local library has not. On May 18, an anniversary party with music and activities was held. This photo was displayed among many other progress photos and news clippings about the library’s success.

There is a U in volUnTeer. GFWC: Girl Friends Who Care.
GFWC: General Federation of Women’s Clubs

GFWC-Apple Blossom Club

GFWC Apple Blossom members invite you to join us. We will be holding a meeting at Fall Board. We are collecting pop tabs for Spokane's Ronald McDonald House and used athletic shoes for the Nike Reuse a shoe program. These items can be brought to Fall Board.



Betty MacMaster, Nancy Jones, Nancy Burdick, and Carlene Garner at the BOD meeting in Washington DC on a walk-about. Photo Credit: Patsy



GENERAL FEDERATION of WOMEN'S CLUBS

The Washington Clubwoman

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Kimberly Skagen, Editor

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Port Orchard, WA 98367

Send submissions to:

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2018-2020 GFWC-WS Executive Committee:

President:

Betty MacMaster

President Elect:

Lela Taylor

Vice-President:

Dorothy Crowder

Secretary:

Tami Wright

Treasurer:

Kimberly Skagen

Columbia District:

Paulette Stinson

King County District:

Barbara Murray

Peninsula District:

Kimberly Skagen

Northeastern District:

Audrey Charron

North Central District:

Margaret Schiffner

Advisories:

Parliamentary Advisor:

Nancy Jones

Financial Secretary:

Cindy Bassage

Endowment Trustee:

Linda Butcher

Cooresponding Secretary:

Sue Tyler



Keep up with what is happening with GFWC locally, nationally and around the state.

<http://www.orgsites.com/wa/gfwcWASHINGTON/index.html>

Find...

Forms!

District events!

Club newsletters!

Fed Forest Save A Tree pins!

So many things to find!



Events & Special Days

November 1st

ClubWoman articles due

September

13-15

Western States Region Conference
Boise, ID

23rd

First Day of Fall

27-29

GFWC-WS Fall Board
Yakima, WA

October

District Meetings

19th

Northeastern District

19th

Columbia District

19th

North Central District

26th

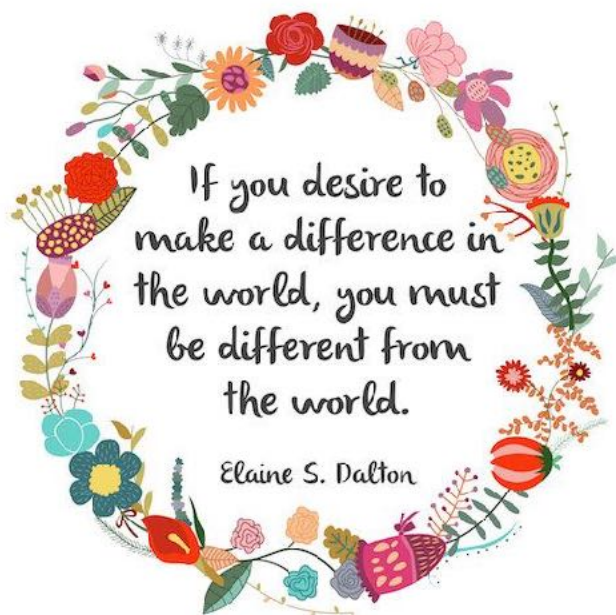
King County District

26th

Peninsula District

31st

Halloween



GFWC – Washington State
2019 Fall Board Registration Form
September 27 – 29, 2019
Yakima, Washington
“Help the World”

Registration Deadline – September 15, 2019

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Cell _____

Federation Title _____

Club _____ District _____

Yes, I have a GFWC-WS green name badge and will bring and wear it _____

No, I don't have a green badge: Please make me a name tag _____

(You may order a green name badge at Fall Board)

Saturday, September 28, 2019

Lunch \$18.00 _____

Dinner \$33.00 _____

Registration \$35.00 _____

Additional registration
(if postmarked after 9/15) \$5.00 _____

Fundraising Table \$20.00 _____

Total Enclosed _____

I have special dietary needs (explain)

Make checks payable to GFWC-WS Fall Board

Send checks and completed form to:

Kim Skagen

12100 SE Triviere Trail

Port Orchard, WA 98367

253-261-9241

Deadline for registration is September 15, 2019

No meal refunds will be made after September 17

Registration fee is non-refundable

One form per person

“To the World you are one person, but to one person you are the World”

GFWC – Washington State
2019 Fall Board
September 27 – 29, 2019
“Help the World”

Lunch: \$18.00

Yakima Chef Salad

Ham, Turkey, Swiss and American Cheese
Hardboiled egg
On a bed of Lettuce
Choice of Italian or Ranch dressing

Dinner: \$33.00

The Country Picnic

Barbeque spareribs and Country Fried Chicken
Yakima Valley Greens Garden Salad with Assorted Dressings
Homestyle Potato Salad and Corn Bread
Corn Cobbett's and Baked Beans
Assorted Berry Pies

Room reservations:

Howard Johnson
9 North 9th Street
Yakima, WA 98901

For Room Reservations call
509-452-6511

Our group Code is:
GFWC Washington State

Room Rates per night
1 King or 2 Queen \$87 plus tax

Room Reservation deadline 9/7/19

Directions

From the North:

I-82 East – Exit 33B then right onto East Yakima Avenue – Turn right onto 9th Street, hotel is on the right hand side.

From the South:

I-82 West – Exit 33 then slight right onto East Yakima Avenue – Turn right onto 9th Street, hotel is on the right hand side.

“To the World you are one person, but to one person you are the World”

Preliminary Agenda
GFWC-WS Fall Board
September 27 - 29 2019
Howard Johnson - Yakima, Washington
"Help the World"

Registration Times – Restaurant Lobby

Friday – September 27– 3:00 – 5:00 pm

Saturday – September 28 – 8:00 – 9:00 am

Friday, September 27

1:00 – 3:30 pm Financial & Executive Board Meeting

3:30 – 4:00 pm District President meeting

4:00 – 5:00 pm By-laws, Resolutions meetings

8:00 – 9:00 pm District Gatherings

Saturday, September 29

7:30 am Group meeting with Chairman – Breakfast Area

ABC Club Meeting, Federation Forest and Scholarship Committees

8:00 am Club President Meeting – Dorothy Crowder

8:30 am Opening Session – Business Session

Community Service Program, Advancement Area and Special Committee Chairman

Kathie Jorgensen – GFWC-WS Dean of Chairman

Workshop – Agenda/Parliamentary Procedure – Nancy Jones

11:45 am – Lunch – Purple Purses

Speaker –Ginger Bowman-Rape, Domestic Violence and Awareness Prevention

1:15 pm – Afternoon Business Session Resumes

Workshop – Communication/Social media – Rita Loseth and Nancy Burdick

3:15 pm – 4:45 pm Fundraising Bazaar

6:00 pm Dinner

Personal Experience – Sandra Groves

GFWC 7 Grand Initiatives – Nancy Jones

8:00 - 9:30 pm – Reception – President's Suite Room 152

Sunday – September 29

8:30 am Inspirational – Food for the Soul

9:15 am Business Session Resumes

District Presidents – Lela Taylor - GFWC-WS President-Elect

Columbia District – Paulette Stinson

King County District – Barb Murray

Peninsula District – Kim Skagen

North Central District – Margaret Schiffner

Northeastern District – Audrey Charron

"To the World you are one person but to one person you are the World"

GFWC SIGNATURE PROGRAM PURSE CHALLENGE



P- PURSES
U- UNITING
R- RESOURCES TO
S- SUCCESSFULLY
E- END VIOLENCE AGAINST WOMEN

The GFWC Signature Program Committee is challenging our State Federations to raise awareness and benefit domestic violence shelters by having a purse contest at the state meetings. The purses should be filled with needed shelter items. Check with shelters as to needs. Share as centerpieces and then donate to shelters in your state.

Purple Purse Project

Each District brings one or more purple purse.

Members bring items to fill the purses

Suggested items:

Travel size shampoo

Travel Size Conditioner

Travel Size soap

Travel Size Lotion

Nail Polish

Lip gloss/Chapstick

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"To the World you are one person but to one person you are the World"

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Dress for the weekend GFWC Logo wear, Partner Logo Wear or Relay for Life , Casual for the weekend

Jeans are OK

Fundraising

50/50

Chance for a Relay for Life Quilt



Baubles, Bengals and Beads Bazaar (table rental \$20),

Members, Clubs and Districts Fundraising - Join us for the Baubles, Bengals and Beads Bazaar. Each table will be \$20 to rent and proceeds from the tables will be the renter. Anything that you wish to bring is OK - crafts, garage sale items or baked goods. Even veggies from the garden would be OK as long as it is clean .

Come! Come! See ! Feel! Treasurers from Far and Near. Riches that will delight the Senses!

