

## **The Washington**

# ClubWoman

GFWC-Washington State is a member of General Federation of Woman's Clubs (www.gfwc.org) 1734 N Street NW, Washington, D.C. 20036-2990 Phone (202) 347-3168

### Join us at our

### **127th Annual GFWC-WS Spring Convention!!**

**April 18-21, 2004** 



# Clearwater Casino Resort

Suquamish

**Special Guest:** 

Mary Beth Williams GFWC Secretary

Friday Luncheon Speaker:

Ranger Scott Eilrich Federation Forest State Park

Pub Trivia
Art Room Exhibits
Awards
Clubwoman of the Year
Try your luck in the casino

Call to Convention, registration form and preliminary agenda are at the end of this newsletter.

On your way to or from Convention, consider a side trip to see

the Thomas Dambo troll named Pia, on Bainbridge Island. A snippet of Pia's story:

"Pia the Peacekeeper isn't just a sculpture; she's a storyteller. Woven into her form is the narrative of environmental harmony, a tale that resonates with the Park District's <u>commitment to stewardship</u>. As we celebrate the interplay of art and nature through Pia, we reinforce our dedication to nurturing a community that values, protects, and celebrates our parks, open spaces, and cultural heritage."





### **WINGs to Adventure!**

It's hard to believe but the final State Convention of this administration is just two months away. It's been something of a roller-coaster, but I hope each of you has something positive you can take away from these two years. We've played with paper airplanes, learned about the importance of native birds and bees, explored the adventurous side of GFWC at a Passport Fair, had a visit from Amelia

Earhart and developed projects to entice new members to join our flock.

I am proud of the organizations we've supported and the assistance we've provided to members of our community and humbled by the generosity of Washington State Clubwomen for those most in need of assistance.

I hope to see all of you at the State Convention in Suquamish this April. It's a lovely location for a meeting, and if you take a brief detour you might even catch a glimpse of a friendly troll near the Bainbridge Island ferry.

Thank you to everyone who supported me on this journey. I've been asked by several people if being State President is worth it, and the answer is an emphatic "yes". I've enjoyed the opportunity to meet with so many of you and visit club and district meetings.

In Federation,
Susan Tyler



# **Leadership and LEADS**

Hello my lovelies! Is this the time in your leadership journey where you are feeling immense joy for your accomplishments? Struggling with self-doubt for forgetting to complete something? Or making plans with your clubs to move things into the next administration?

Whatever your feelings, you are likely not alone! We all have the same thoughts and feelings when we are in positions of leadership... but that's why we have resources and helpful friends in the form of mentors! The Leadership folders on the Member Portal are loaded with great reads, fun surveys, and many other helpful documents. Our state is blessed (BLESSED!) to have so many Past Presidents who are merely a quick phone call or email away who are full of wise knowledge they love to share!

Additionally, all your feelings, are great reminders of why it's so important to have a transition plan within your club for your upcoming leaders and members. When you raise up your members, you want them to be successful and that starts with your successes, and even your failures! Write it down. Did you send emails monthly? bi-monthly? Write it down! Did you hold a recruitment meeting that maybe didn't get enough attendance? Write it down, talk about it! Did you assign duties? Ask for volunteers? Which was more successful? Was there a task that everyone forgets to do that needed to be written on a calendar? Make a list of those tasks that you can 'hand off' to the next administration and give them a good starting point! Now is the time to be DOCUMENTING EVERYTHING! It feels like you want to "let the next President find her own way..." but trust me, she will appreciate any help you can give her and so will those coming behind her! (If you do spend time making a transition plan or mentor plan within your club, remember, that's a Leadership Project! Write that down and share it for your yearly report!)

As our state ages, we are running out of members to nominate for LEADS! But age is not a requirement or reason not to nominate. **Members are Leaders in waiting!** Who in your clubs is a secret leader?? Lets get her to LEADS and make her a GREAT leader! I would love to be able to take any of your members to Chicago with us in June!! There is still plenty of time to get those applications submitted... **the due date for applications is March 15**! Talk to your members who show an interest, encourage them to grow by considering the opportunity. Is YOUR application complete? Consider submitting one today, now is the time for all interested parties to take the next step! Reach out to myself or your District Presidents for help. We are all here to assist! More details and the application are available on the website in our WS Club Manual, or by emailing me @ daiziedot@yahoo.com

From this leader to our future leaders...

Kim Skagen

**GFWC-WS President Elect** 

**GFWC-WS Leadership Chair** 





Ladies! I have a HUGE Help Needed!!
Does anyone have one of these older
GFWC t-shirts they would be willing to
part with?

I would be forever grateful!! Thank you, Kim

# **Women's History and Resource Center**

This information comes from News & Notes—February 1, 2024

#### Join us for this annual event celebrating women's history!

This year we're featuring a special exhibition of GFWC International Past President installation gowns, as well as a presentation on GFWC's history, with a focus on the art and artifacts in our collection, by our own WHRC Librarian, Joanna Church.

March 6, 2-4 p.m., at our historic Dupont Circle Headquarters.

General Federation of Women's Clubs 1734 N Street NW, Washington, D.C.



# To register: https://www.eventsquid.com/event/23211



"Living the Volunteer Spirit"

# **Community Service Program Reports**

### **Environment**

Sally Larson, Chair



Pretty soon all the spring leaves will be coming out in all their beautiful shades of green. And of course we immediately start planning what to buy to plant in our yards. Please consider using native plants. A preliminary review of birds survival in Pierce County has shown a decrease of 15% over the last 5 years, partially due to habitat loss. (based on the Annual Christmas Bird Count) A study done with Carolina chickadees (Eastern version of our chickadees) found that one nesting family needs 5000 insects to successfully raise their babies. When one realizes that native trees, not non native trees, support the needed insects, the importance of native trees becomes clear. When you have decided native trees are perfect for your yard, consider purchasing three of the same species for trees. Studies have shown that trees talk to each other, and come to the rescue when one of the group of trees is in distress. Their root systems intertwine and that adds stability and strength to the group, and helps tree survival. All that needs to be done is plant the trees 10 feet apart and you will have made a natural sustainable habitat in your yard.

The spotlight tree this quarter is the Western Red Cedar. It only survives in Western Washington and GFWC Washington State has been given permission to plant 3 Western Red Cedars in Federation Forest to replace trees that came down in a storm. We are planning to plant them on Federation Forest Day this spring.

#### Western Red Cedar:

- Moist soil, maritime climate, only exists in climates with more than 22 inches of rain
- 150-270 feet tall
- Evergreen
- Pollinates in spring, cones fall and drop in fall
- Attracts Chestnut Sided Chickadees
- Often used for totem poles



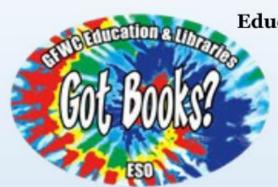
# Federation Forest Workday Saturday, June 15 10-2

Sally Larsen will lead a tree-planting activity. Interpretive gardens need to be cleaned. Or enjoy a walk along the interpretive trail outside the center as you clean the trail signs (Windex & paper towels will be provided). If you prefer to stay indoors, there is a sedentary activity in the IC. So, there's something for everyone!!!

Beverages and snacks will be provided. A potluck lunch is planned—please bring a dish to share. Plates, napkins, utensils and cups will be provided.

Did you know that it was 96 years ago this past January when the deed to the property for the first location of the park was presented to Washington State Parks and Recreation Commission?





GFWC 2022-2024

Education & Libraries

Sandy Hauenstein sandygfwc@outlook.com 717-943-3531

Newsletter

January 2024

Volume XV

#### COMMUNITY CONNECTION INITIATIVE:

### BRING THE SPARKLE TO PUBLIC LIBRARIES

A new year brings new ideas and projects for this initiative and I hope each club will partner with their public library for a project and/or volunteering.

GFWC clubs are encouraged to establish a working relationship with a local librarian to plan beneficial services, programs, and activities. Libraries bring people together. Engage your members to participate with their ideas, talent, and time. Bring cohesion to the Education and Libraries by helping people learn and grow by offering training classes for all ages: computer skills, lunch and learn workshops, GED, ESL, literacy, current topics for seniors and more.

Collaborate activities with your schools to enhance enthusiasm for students to use the library for reading and resources. Create programs for teens with an emphasis on issues they face daily using library resources.

Is there a need for a book delivery service for shut-ins or the books on tape for the visually impaired? Sponsor a contest to name a library mascot or to design a button or bookmark. Be creative and enthusiastic.

#### Other Ideas:

Advocate for local and state funding for your library

Volunteer at your local library

Donate books to public libraries including STEM and STEM careers; teach a class

Honor your librarian on National Librarian Day April 16, 2024

Celebrate 'Library' recognition days (see calendar at ala.org) with social media posts

Partner with daycares and summer camps with reading activities for children.

Establish reading programs at veteran and senior facilities.

Partner with businesses and civic groups to purchase books related to their work.

Sponsor a Book Festival with local authors, a book character parade for children with prizes and library inspired activities for all ages.

### Join ESO in '24

#### BENEFITS OF ESO MEMBERSHIP

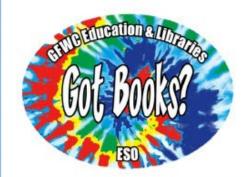
Unlike other GFWC programs, ESO exists specifically for the benefit of clubwomen. GFWC programs are traditionally community improvement based. Although ESO is beneficial to the community, its main focus is directed at club members. Reading groups have become commonplace in many communities recently because of their unique benefits. Members who participate in reading groups are able to experience intellectual discussions on a variety of books, create new friendships, coalesce with various members of the community, and gain knowledge about life, love, family, politics, cultures, technology, the world around them, and many other topics.

#### HOW TO BECOME AN ESO MEMBER

**Step 1**: Contact your state ESO chairman to receive your state ESO guidelines. Many states have their own requirements regarding becoming an ESO pledge and member. If your state does not have an ESO chapter, one must be chartered. Go to the GFWC Club Manual, ESO for more info.

### Bookmark

Here is a template for a bookmark for your members. They can be copied for your use at book club meetings, club meetings, district and state meetings to encourage members to join ESO.



### **GFWC EDUCATION & LIBRARIES**

# **ESO**

Facebook - GFWC ESO Book Club

### ESO Reading Categories

American History
The Arts
Biography and Memoir
Business and Finance
Conservation and Ecology
Drama
Education
Fiction, Classic

Fiction, General
Fiction, Historical
Fiction, Mystery/Thriller
Fiction, Romance
Science Fiction/Fantasy
Health and Medicine
Home and Garden
International Authors
Parenting and Families
Poetry

Reading to/with Children Picture Books & Story
Books
Reading to/with Children Chapter Books &
Books for Youth
Religion and Inspirational
Science
Social Science
Sports and Recreation
STEM/STEAM books

for adults
STEM/STEAM books
for children
Travel and Geography
Volunteerism
Women's Studies
World History
Authors from your State
Books About or
Taking Place in your State

### GFWC ESO BOOK CLUB on Facebook-Welcome to all.

This group of more than 1,600 members belong to this online book club and features Education and Libraries project ideas and ESO.

It is a private group and you must ask to join. See GFWC ESO BOOK CLUB on Facebook.

## **Literary Calendar**

### January 2024 National Braille Literacy Month

- 2 National Science Fiction Day
- 7-13 Universal Letter Writing Week
- 9 National Word Nerd Day
- 9 Poetry at Work Day
- 18 Thesaurus Day
- 18 Winnie the Pooh Day (birthday of author
- A.A. Milne)
- 23 National Handwriting Day
- 24 Library Shelfie Day

### January 2024 New Releases

House of Flame and Shadow by SARAH J. MAAS
No One Can Know by KATE ALICE MARSHALL
The Fury by ALEX MICHAELIDES
The Heiress by RACHEL HAWKINS
Argylle by ELLY CONWAY

https://www.booklistqueen.com/ january-2024-book-releases/

### Books by State (O-S)

Ohio - Winesburg, Ohio Sherwood Anderson, Indignation Philip Roth, Reading Blue Devils Jon Bennett Oklahoma - The Grapes of Wrath John Steinbeck, Killers of the Flower Moon David Grann, The Outsider Stephen King

Oregon - Mink River Bryan Doyle, The Lathe of Heaven Ursula K. LeGuin, One Flew Over the Cookoo's Nest Ken Kesev

*Pennsylvania* - Rabbit, Run John Updike, The Perks of Being a Wallflower Stephen Chbosky, An American Childhood Anne Dillard

Rhode Island - She Comes Undone Wally Lamb, My Sister's Keeper Jodi Picoult, The Age of Innocence Edith Wharton

South Carolina - The Secret Life of Bees Sue Monk Kidd, The Prince of Tides Pat Conroy, Bastard out of Carolina Dorothy Allison

South Dakota -Black Elk Speaks John G. Neihardt, Dear Daughter Elizabeth Little, In the Spirit of Crazy Horse Peter Matthiessen





Library Stories: Books on the Backroads is a film about New Mexico's rural libraries. It's about villages and Pueblo communities, their histories and their people, where their libraries are, and what their libraries mean. Rural people across our country know their libraries are essential to the educational and social fabric of their communities.

Copy the link in your browser to view the video.

https://www.pbs.org/video/library-stories -books-on-the-backroads-preview-u4ssvs/

#### **Book Borrowing Apps**

You can borrow them — for free, instantly — with a library card and **Libby**: the award-winning, much-loved app for libraries. Libby is built by the team at OverDrive, in support of local libraries everywhere.

Hoopla - collection on Hoopla is made up of over 500,000 items.

CloudLibrary, OverDrive, Kanopy, and Kobo can open new doors to diverse content and experiences.

## **GFWC Amalak**

### AMALAK IS BACK!!!

Kalama, WA. We shook off our post-pandemic lethargy with a very active summer including baking dozens of cookies, hosting a food booth at the Kalama Fair, and staging a very successful garage sale. Our members' trash became treasures for others and funding for our future projects.

All warmed up and ready to go, we launched into the beginning of our year with an exciting slate of activities guaranteed to keep us hopping. Up first we will assist a city sponsored fundraiser dinner to benefit **Shop With A Cop**; Next we are staging a **Meet the Candidates Forum**; then onto handling catering for a **Celebration of Life**, planning **An Autumn Evening of Wine and Chocolates**; assisting with a **Haunted House**, and a **Winter Ale Fest** and even coordinating a tree giveaway from the Audubon Society. Whew!

"It's wonderful being back with the ladies after our summer hiatus," said Robin Davis, club secretary. "Catching up on everyone's adventures is a delight. Now we can roll up our sleeves, get to work, and help our community every way we can. Go AMALAK."



The ma'am and manpower behind the scenes at the Shop With A Cop fundraiser dinner. From left: Julie Kaps, Debbie Horn, Lynn Fry, Robin Davis, Jean Geig and Chief of Police (and head chef) Ralph Herrera.

(See next page for more pictures.)

"Living the Volunteer Spirit"

# AMALAK Boos & Boose



Jean Geig, Mary Ellen Fetrow & Lynn Fry decorate the library for Halloween.



Lynn Fry readies goodies for Wine & Chocolate fundraiser

### **GFWC Avalon**

GFWC Avalon participated in the adopt a family program for the Salvation Army Christmas. The photo is with Ellen Wagner and Rena Johnston delivering boxed items at the Salvation Army location.

A family with a single mother and two children was selected. The club requests a small family with a single mother, since it is felt that the mother has a definite need for assistance.

There were many boxes of items given to the family, as well as a gift card for purchasing food for a Christmas dinner. Donations included non-perishable food items, Christmas stockings and wrapped gifts for the mother and two girls.



A wonderful thank you card was received from the mother shortly after Christmas thanking the club for making a great day for the family.

### **GFWC Cathlamet**

GFWC- Cathlamet Woman's Club held our annual Christmas party at a local restaurant. Members were asked to bring items from a recommended list for Shoeboxes of Joy. Club members were most generous and donated items that fit in two (2) totes. The Shoeboxes of Joy Community Volunteers collect items to be placed in a gift-wrapped box and given to members in the community that are reported by friends and neighbors to have no family or are a couple or single person alone for Christmas, and who may not receive a gift. The volunteer to the left of the photo (red shirt) is Season Long, Coordinator for Shoeboxes of Joy and to the right Caroline Walton from the Cathlamet Woman's Club. (The tote is empty because it had already been emptied inside the grange.)

Four GFWC-Cathlamet Woman's Club members volunteered at the Westend Food Pantry packing food for Thanksgiving and Christmas dinners. 70+ large bags were packed in approximately 1 1/2 hours. Pictured below on left is Hanna Bjorlin, club member with another volunteer.



"Living the Volunteer Spirit"

# **GFWC Chamber's Bay Woman's Club**

Chambers Bay's club women have been busy. In early November, we participated in a craft fair and made a little more than \$1000. The club members decided to spend that money and a little more on a park bench

to be placed in a school playground that had no seating. We once again bought and delivered a Thanksgiving and Christmas dinner for 3 families, one family having 8 members, and bought Christmas presents for all. Amara, a foster care assist organization, had their first ever Christmas present give away and we provided support and volunteers for the event. We helped at a Christmas volunteer event bagging presents for 800 families in a huge room filled with items for kids. For the first time the club bought supplies to make 60 ornaments and brought the supplies over to a multicultural daycare and helped kindergarten to 5<sup>th</sup> graders put the ornament kits together. When we were done supplies, were on the floor, glue on the tables and ornament patterns everywhere. The 49 kids and the volunteers had a ball and each kid had a darling ornament to take home. Once again we topped off the season with a Club Christmas dinner and ornament exchange and playing reindeer games.



We jumped right back into the volunteer mode after the holidays, continuing working at My Sister's Pantry



3 days a month and at each work day we picked up 15 cases of food for Caring for Kids. Our cutting parties meet twice a month to cut material used in menstrual pads going to refugee camps, and finishing up our three auction baskets for Caring for Kids. We hope they will sell for over \$200.

Sadly, we lost Linda Olive on January 21. Linda was a very active member attending most monthly meetings, meetings for our book club and cutting 9 x 9 squares for menstrual pads. Linda even worked at Federation Forest, raking the beds while sitting in her walker. Linda enjoyed our group and with the help of our members, especially Lynn Cline and Jodi Walker. We had a wonderful, funny and thoughtful woman attend and help at our activities. Linda will be missed by all of us.

"Living the Volunteer Spirit"

### **GFWC Chewelah**

GFWC Chewelah Woman's Club helps sponsor a "Women in the Military" display with Chewelah Public Library in November to coincide with the recognition of military veterans.

Select books written about past and present military events as well as recognized women in the military were displayed with the intent of interested readers to check out.

In addition, GFWC brochures were displayed as the Chewelah club founded the library in 1914.





We will begin taking orders in March for our Mothers Day flower bowl sales. Proceeds go to local scholarships and youth-related activities. We order from Countryside Gardens, a local greenhouse.

Coming
up...On behalf
of our Signature Project,
we plant our
garden and
encourage
others to join!



"Living the Volunteer Spirit"

# **Clubs in our State GFWC Kitsap Peninsula**

GFWC Kitsap Peninsula and several community volunteers helped the **Bremerton Backpack** Brigade fill boxes with food. The boxes are given to low-income families at the start of the winter break. This food helps the students that receive food during the school year. A whopping 7,853.3 lbs. of food was sent to 219 families and 544 kiddos. Pictured below are Nancy Burdick, Julie Thompson, Laura Guerra, Tara Chambless, and Sally Gill.



"Living the Volunteer Spirit"

GFWC Kitsap Peninsula held a gift-wrapping contest at their December meeting. Members purchased gloves for children that they creatively wrapped. Members voted for the best. Christmas games were played. (Wish I had some pictures)

# **GFWC Peninsula Keystone**

GFWC Peninsula Keystone, Peninsula District's past presidents' club, held their annual retreat the last full weekend of January at Ocean Shores. The ocean view from the house was amazing! We were warm and cozy while we enjoyed the delicious meals our teams prepared. And the time never changed.

The wind howled and the rains came down, while we stayed inside catching up and visiting.



L to R: Cindy Bassage, Donna Snellgrove, Carolyn Sholhand, Kim Skagen, Nancy Burdick, Carlene Garner, Martha Curwen. (Behind the camera: Char Lysne)



Braving the elements and strong winds, Cindy Bassage stands on the beach while Char snapped her photo. The two brave ones ventured down to the shoreline while there was a break in the rain.



"Living the Volunteer Spirit"

## **GFWC Sokico**

GFWC Sokico members Betty MacMaster and Susan Tyler attended the Alzheimer's Association 2024 Legislative Priorities in Olympia on January 31, 2024.

### From Alzheimer's Association website:

Over 6 million Americans age 65 and older are living with Alzheimer's dementia. By 2050, the number of Americans age 65 and older with Alzheimer's dementia may grow to a projected 12.7 million. Access to earlier diagnosis and effective treatments may significantly change the experience of Alzheimer's for millions of people, but even with these, the cost of care will likely continue to rise dramatically. These factors will provide unprecedented challenges and opportunities for the Alzheimer's Association.



Never has the case for accelerated progress

been more urgent. In 2022, Alzheimer's and all other dementia were estimated to cost the nation \$321 billion, including \$206 billion in Medicare and Medicaid payments combined. Without effective and accessible treatments to slow, stop or prevent the disease from developing, in 2050, Alzheimer's and all other dementia are projected to cost nearly \$1 trillion (in 2022 dollars).

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. To enhance and strengthen this leadership position, as well as expand the depth, breadth and pace of the Alzheimer's movement, we have committed to do more.

Link to their website: About the Alzheimer's Association | Alzheimer's Association | for more information.

# **GFWC Valley Volunteers**

Valley Volunteers continues to do big things within our little group.

Seven of us put together a wonderful Christmas for 8 children in our area. Step By Step is a wonderful group that we love assisting throughout the year. This year we once again participated in their Christmas gift program and as a group we over delivered as always.

A fantastic \$1197 was spent on the little ones to make sure everything on their list and more was purchased.

A special thanks to our members Rita Loseth & Pam Prasch for getting together 3 different times to wrap and make all 40 gifts look fantastic for our special delivery.

For the last several years we've had a Christmas kids can collection at every meeting. This gives us an estimate of how many kids we think we can take on for the event...and then we always spend way over that. Lol!

We're loving our quarterly project schedule, and the next one is also for Step By Step. For multiple years February is all about the babies. Members make red hats and special blankets. We also gather diapers, wipes, formula, new board books and other items a new mom would love to have more of. Step By Step gives out packages to the new moms in need as they help them with other resources.

If you are in the South Sound, you can see ways to volunteer to help the littles. (link https://www.stepbystepfamily.org/)

AND if you are in need of a wonderful meal, you can head to Farm 12 which is a partial fundraiser for the organization!



Val Selby, President



"Living the Volunteer Spirit"

# Kimberly Skagen, Incoming GFWC Washington State President 2024-2026



Kim has proven herself a strong and dependable leader for GFWC since joining in October of 2010. She first joined GFWC Computer Link (now GFWC Apple Blossom Club, 2010 to 2015) and then GFWC Valley Volunteers (2012 to present). She has held all executive positions at the club and district level and is the current Vice-President of GFWC Valley Volunteers. Since serving as the 2018-2020 Peninsula District President, she has been a member of, and the current Vice-President of GFWC Peninsula Keystone, the past district presidents' club.

At the state level she began her service as the Advocates for Children chairman and the LEADS candidate for 2013. She held the position of GFWC-WS Clubwoman Editor from 2014 to 2022. She has served on the Executive Board, holding the offices of Secretary, two terms as the Treasurer, and most recently the President Elect while holding the chairmanship of Leadership and LEADS. Kim very much enjoys traveling our nation to attend GFWC and WSR conventions and meetings and interacting with members from many other locations.

A Boeing employee for over thirty-three years, she currently works in Interiors Certification, as the AC-E Lead, supporting on-time airplane completion, certification, and delivery. She has responsibility for managing schedules, integrating work groups, presenting metrics, and serving as the Interiors 'voice' for airplane and delivery skyline commitments. Each Spring you will find Kim preparing tax returns and in what little free time is left, she enjoys all variations of traveling (RV, motorcycle, vehicle) with her long-time love, Jose; some days crocheting or cross-stitching; some days completing jigsaw puzzles; and all days reading at least one book.

# **Candidates for Office**

# Cindy Bassage, Candidate for GFWC Washington President Elect

To the Members of GFWC-WS:

Peninsula District is delighted to endorse Cindy Bassage for the office of GFWC-WS President Elect for 2024-2026. Cindy has been an active member of GFWC since 2009 when she joined GFWC Chambers Bay. She also holds membership in GFWC Peninsula Keystone.

Cindy has embraced her club memberships with gusto and dedication. She has served as club Treasurer, President, and Fund-Raising Chair. Additionally, she has served as a mem-



ber of the nominating committee and as chair of the Scholarship, Membership, Leadership/LEADS, and Health and Wellness Committees.

For Peninsula District she has served as the Advocates for Children Chair, Vice President, currently is the President and is the first Peninsula District President to serve two consecutive terms. Cindy has brought ingenuity, humor, friendship, and inspiration to her various positions.

In 2020 she was selected as the LEADS Candidate from GFWC-WS. While she did not attend her LEADS Training until 2021 because of the pandemic, she has used all that she learned at the daylong seminar within her clubs, District, and state.

Cindy has served as the GFWC-WS Financial Secretary for four years. She has been actively involved in all aspects of the finances of the state organization. Currently she serves as the Vice President. As such she has laid a strong foundation for the office of President Elect.

In her community of University Place, Cindy has a reputation as a committee volunteer leader. She served as a Girl Scout Troop Leader for 12 years with twenty-one girls. She was Treasurer of the University Place Soccer Club and has been its President. In addition, she is a dedicated MOM for baseball, soccer, football, and dance teams. She has been a PTSA Treasurer, President, and the District PTSA President. Because of her dedication to schools and school events she was awarded the coveted Golden Acorn Award.

Cindy is married to Ron, and they have two adult children, Brian, and Jennifer. She is a Program Specialist working with the students who are majoring in Criminal Justice and Homeland Security Management at Pierce College.

Peninsula District is proud to endorse Cindy and encourages all GFWC-WS delegates to join with them in electing her to the office of GFWC-WS President Elect.

# **Candidates for Office**

# Paulette Stinson, Candidate for GFWC Washington Vice President

GFWC Columbia District is proud to endorse Paulette Stinson for the office of GFWC-WS Vice president. Paulette has been active in GFWC for forty-five years and has served in all the offices of GFWC-Battle Ground. She served as president for three different terms and also served as chairman of the Ladybug Bazaar.

Paulette was GFWC Columbia District President during the 2004-2006 administration and has lead Columbia District since 2018. She is finishing her



third consecutive term as district president. Paulette was honored as the 1996-98 Columbia District Clubwoman of the Year.

Paulette was elected and served as GFWC Washington State Secretary and GFWC Washington State Treasurer. In addition, she has held the state positions of Administrative Secretary, Financial Secretary and Convention Program Chair.

She has attended ten International GFWC Conventions and several Western Region Meetings.

Professionally, Paulette was a registered dental hygienist. In 2016 she retired after working in private practice for forty-six years.

She is the very proud mother of two children and three grandchildren. Son, Brian, lives in Chandler, Arizona with sons, Jack (20) and Ty (18). Her daughter, Heather, resides in Battle Ground with husband, Jonny, and daughter, Scarlett (8).

In 2018 she married Rick Kebbe. The officiant of their wedding was friend and fellow clubwoman, the Rev. Joann Prestegard. Rick and Paulette enjoy traveling, home improvement projects and family gatherings.

Over the years, Paulette has been active in her church and in her community. She was nominated for Battle Ground Citizen of the Year in 1989 and 1997.

GFWC Columbia District enthusiastically endorses Paulette Stinson for the 2024-2026 office of GFWC-WS Vice president.

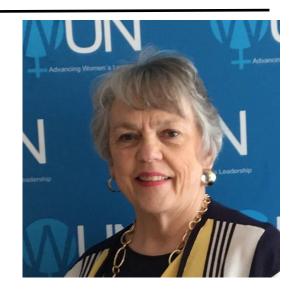
Linda Harms, GFWC Columbia District Vice President

## **Candidates for Office**

# Nancy Jones, Candidate for GFWC Washington State Secretary

To: GFWC-WS Executive Committee

With great pleasure, King County District would like to place the name of Nancy Jones in nomination from the floor for the office of GFWC-WS Secretary for the 2024-2026 Administration. Nancy meets all the requirement for nomination as



stated in ARTICLE IV – OFFICERS AND DUTIES, Section 4.2 Eligibility. She was endorsed by King County District at our regular Fall Board meeting held on October 7, 2023.

Nancy has been a longstanding member of Federation and has demonstrated her leadership abilities at all levels of our organization. She has served in all offices of her club and district and is a GFWC-WS Past State President. Nancy is serving as the existing GFWC-WS Secretary. She also serves on the WSR Board of Directors as well as the GFWC Board of Directors.

Nancy believes in GFWC and all it represents to our communities and to each other. She is a strong leader and always ready to assist where she is needed. Her leadership and community involvement has been recognized outside of federation as well. She serves on two community board of directors and just completed her term as president of the board for the local food bank.

She is proud to be GFWC and looks forward to continuing her service as your secretary, if elected. As always, she will step up and fill-in where needed. Her many years of dedication to federation speak loudly to her commitment to the success of our organization.

King County District enthusiastically endorses Nancy Jones for the position of GFWC-WS Secretary for the 2024-2026 Administration. She will do an outstanding job.

Thank you,

Nancy Larsen, President

GFWC King County District

### WSR Conference 2024 September 4-8, 2024 Hosted by GFWC-Washington State

Before you know it, we will be welcoming 150 women to Tukwila for the Western States Region at the Embassy Suites. In the meantime, we have plenty to accomplish before they arrive. Women will be coming from Alaska, California, Colorado, Hawaii, Idaho, Montana, Nevada, Oregon, Utah, Wyoming and of course Washington State.

Jeanette Jester oversees <u>door prizes</u> and would like members/districts to bring door prizes to convention unwrapped. Regifting is fine if new. Remember most are flying so nothing too large. Think of items you would like to receive. See that Jeanette gets them at convention or our board/WSR gathering in August.

Cindy Bassage oversees the goodie bags that we will be giving out to everyone that registers. We are expecting about 150-160 to attend. We have the bags and some items for the bags. We are looking for 100 more key chains, 160 lip balms. We welcome other small items that could go into tote bags. If you have something you would like to donate, please let Cindy know. We will need 160 of each item. You can work with another person to get the 160 items. We will be filling the bags in August.

We need items to sell in the <u>fundraising room</u>. We prefer handmade or made in Washington items. Most women will be flying, so keep this in mind. **Please let Julie Thompson and Nancy Burdick know what you are planning to donate.** Items need to be at the hotel by Thursday, Sep 5<sup>th</sup> in the morning. Please let us know the price you think it should sell for. All items not sold will need to be picked up on Sunday.

Char Lysne and Cheryl Holman are working hard on <u>decorations</u>.

Martha Curwen is working on finding <u>entertainment</u>.

Nancy Jones is working on setting up <u>tours and Booster activities</u>.

Bonnie Walden and Paulette Stinson are putting together <u>baskets for the WSR VIPs</u>.

We will need help during the conference such as working in the fundraising room, sitting at the registration table, and being a table hostess. We will have a work party in August to finalize details. I hope you all will register for WSR. It's a great opportunity to learn more about GFWC and meet some amazing GFWC sisters!

Nancy Burdick & Kim Skagen WSR Committee Chairman



**GFWC-WS to host Western States Region Conference 2024** in September. Start saving your money so you can join in this exciting event. We need your help.

You can make your reservations now.

Western States Region Conference September 5-8, 2024 Embassy Suites by Hilton Seattle-Tacoma International Airport 15920 West Valley Highway, Tukwila, WA 98188 Phone (425) 227-8844

#### Room Rates:

2 room suite- 1 king with sofa bed \$189 plus taxes 2 room suite 2 double bed w/queen sofa bed - \$189 plus taxes Call 1-800-Embassy (1-800-362-2779) Reference **Group code GFW** 

#### Or by using the booking link

https://www.hilton.com/en/book/reservation/deeplink/? ctyhocn=SEATUES&groupCode=CESGFW&arrivaldate=2024-09-04&departuredate=2024-09-08&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT

#### Group cut-off date is: 08/07/24

Airport Shuttle and Complimentary Breakfast

We are offering an opportunity to win 3 meals and registration paid for—a \$200 value. You can purchase an opportunity for \$10 from Kim Skagen or Cindy Bassage. The drawing will be held at the GFWC International Convention in Chicago, next June.

We will have a meeting August 17<sup>th</sup> at the Sumner VFW Hall, 1705 Willow St., Sumner, WA, to finalize details for WSR. At that time, we will need all the items for the welcome bags as we will put them together. We need to know ahead of time what you are planning to donate. Please let Cindy Bassage and Nancy Burdick know what you are donating. We need 160 of each item as we will be filling 160 bags.

**Country Market** - We are looking for items we can sell, homemade items or new items. If you have items you are donating, please send a list to Julie Thompson and a copy to me, Nancy Burdick. Items we are looking for are handmade cards, jewelry, small paintings, scenic photographs of Washington, scarves, hats, pottery, candles... If you are a crafter, do you make something that you would be willing to donate? Quantities of an item needed are one to 12. Many of the ladies will be flying so nothing too big. Items are needed by September 5<sup>th</sup> at the hotel.

One more thing, I am looking for short funny stories about traveling to a GFWC meeting or convention—something you would let me share with others and I would delete names. Maybe it happened 20 years ago or maybe last year. Email me your story.

Nancy Burdick

# **Resolutions**

Proposed changes to resolutions for consideration at State Convention

Bonnie Walden, Resolutions Chairman

At the 2024 Convention, the Resolutions Committee will be presenting proposed changes to resolutions in the Civic Engagement and Outreach Program and proposed changes to one resolution in the Health and Wellness Program which was sent back to committee at the convention in 2022.

Proposed additions are noted in **[bold blue text and surrounded by brackets]**. Proposed deletions are noted in *strikethrough italic text*.

Regarding the resolution which was referred back to committee:

**506.** Colorectal Cancer Awareness.

(Adopted 2008, Reaffirmed 2012, Amended 2016)

WHEREAS, Colon Cancer has now been declared the third cause of death among both men and women in the United States, and

WHEREAS, Colonoscopy is currently the best means of early detection of colon cancer; therefore

[WHEREAS, The American Cancer Society recommends that people commence regular screening for Colorectal Cancer at the age of 45, or younger if they have a family history of colon cancer.]

RESOLVED, that GFWC-Washington State strongly encourages everyone *over 50* to follow their physician's advice as to when to schedule regular *colonoscopies* [colorectal cancer tests], and further

RESOLVED, that GFWC-Washington State urges its members to participate in funding further research.

Rationale: To update.

In the Civic Engagement and Outreach Program:

**205.** Crime Prevention Councils. [Crime Prevention Associations]. (Adopted 1972, Reaffirmed 1994, 1998, 2007, 2014)

WHEREAS, Crime in the United States continues to be a serious problem; and

### **Resolutions** page 2 of 5

WHEREAS, The citizens of every community have a responsibility to assist their local law enforcement agencies in a program of crime prevention; and

WHEREAS, Cooperation between those serving the public welfare and those whom they serve will create an atmosphere in which all are working together to solve the problems of crime which now exist; therefore

RESOLVED, That GFWC-Washington State urges member clubs to work in cooperation with other groups and organizations to establish *Crime Prevention Councils* [Crime Prevention Associations] where none now exist; and further

RESOLVED, That the members of GFWC-Washington State show their civic responsibility by supporting *and serving on established Crime Prevention Councils* [and joining established Crime Prevention Associations].

**Rationale:** Washington State does not have Crime Prevention Councils but does have Crime Prevention Associations.

211. Drugs – Narcotics; 212. Drug Abuse; 234. Substance Abuse. Rescind these three resolutions and replace them with a new resolution.

### **[SUBSTANCE ABUSE**

WHEREAS, Addiction to drugs, narcotics and other substances is a great menace to the health, sanity and moral status of the people of this country; and

WHEREAS, Substance abuse constitutes a serious menace to the public health and safety of all citizens and contributes to criminal behavior.

RESOLVED, That GFWC-Washington State member clubs work in cooperation with other organizations and associations to promote programs to educate students and community members concerning the dangers of substance abuse; and

RESOLVED, That GFWC-Washington State member clubs urge stronger laws and their enforcement designed to eliminate the sale, distribution and use of drugs and other substances for non-medical purposes; and

RESOLVED, That GFWC-Washington State encourages the establishment of programs for the treatment and rehabilitation of substance abusers and for the safe-guarding of those proved incurable.]

### Resolutions Page 3 of 5

**Rationale:** To combine three similar resolutions into one.

### 214. Encourage Continuing Use of the Word "Chairman"

Rescind this resolution.

**Rationale:** To bring in line with Robert's Rules of Order.

### 215. Enforcement of Cigarette[, Vapor Products] and Marijuana Laws.

(Adopted 1909, 1912, Revised 1994, Reaffirmed 1998, 2002, 2007, Rescinded and replaced 2015)

WHEREAS, Washington State law prohibits the sale or use of cigarettes and other tobacco by [of cigarettes and vapor products to] minors, under the age of eighteen [twenty-one], and

WHEREAS, Washington State law prohibits the sale of recreational and medical marijuana to persons under the age of twenty-one, and

WHEREAS, the sale of cigarettes [, vapor] and marijuana products to persons under the legal as stated in the laws of Washington State carries stiff penalties and fines, therefore

RESOLVED, That GFWC-Washington State members encourage strict enforcement of the laws covering the sale of cigarettes [, vapor] and marijuana to underage persons within their respective communities for the health and well-being of the youth of our state.

Rationale: To update

### 217. Human trafficking

(Adopted 2016)

WHEREAS, According to the U.S. Department of State:

- Human trafficking is a modern form of slavery, involving victims who are typically forced, defrauded or coerced into sexual and/or labor exploitations; and
- · Human trafficking is one of the fastest growing criminal activities globally, and
- Annually, over 700,000 people, mostly women and children, are trafficked worldwide, including over 50000 persons in the United States; therefore

[24.9 million people are victims of forced labor. Of this number, 4.8 million people are trafficked for forced sexual exploitation.]

Rationale: To update

# Resolutions page 4 of 5

### 226. Pleading Insanity.

(Adopted 1984, Amended 1985, Amended 1986, Reaffirmed 1988, 1994, 1998, Revised 2002, reaffirmed 2007, 2014)

WHEREAS, More and more criminals plead insanity as justification for committing crimes; and WHEREAS, the Insanity plea is an easy method of avoiding responsibility for criminal actions and the Court should first determine whether the suspect committed the crime; and WHEREAS, Many crimes are committed and the criminal is relieved of serving the sentence that is customarily imposed due to the constant-use of the "insanity plea" which permits the criminal to be free after being found "cured or rehabilitated" of his/her insanity; therefore RESOLVED, That the members of GFWC – Washington State work for legislation that in the case of violent crime, the criminal after correction of this condition, should be sentenced with the full sentence to be served following any treatment for the correction of his condition.

Rationale: To update

The following resolutions in the Civic Engagement and Outreach Program will remain unchanged:

- 201. Abolishment of Pornography
- 202. Adequate Criminal Facilities
- 203. Animal Eye Tests
- 204. Community Program to Deter Child Molestation
- 206. Criminal Act Under the Influence of Drugs or Alcohol
- 207. Desecration of the Flag of the United States of America;
- 208. Disposal of Hazardous Waste
- 209. Domestic Violence Awareness and Prevention
- 210. Driving Under the Influence of Alcohol and/or Mind Altering Substances
- 213. Economic Disarmament
- 216. Flag Code
- 218. Immigration
- 219. Importation of Weapons
- 220. Improved Administration of Justice Studies
- 221. Labor Program for the Penitentiary
- 222. Law Enforcement
- 223. Mentally Disturbed Individuals
- 224. National Elections

## **Resolutions** Page 5 of 5

- 227. Prohibiting the Exploitation of Great Apes
- 228. Sentencing Reform Act of 1981 and Early Release (Parole) from Prison
- 229. Sexual Assault
- 230. Sexual Exploitation of Women and Children.
- 231. Sex Offenders
- 232. State Constitutional Convention
- 235. Taxes
- 236. Television Programs for Youth
- 237. Traffic Safety Law Enforcement
- 238. Undivided Loyalty
- 239. Unsafe Buildings
- 240. War and Peace
- 241. Washington State Penal Reform
- 242. World Court Court of International Justice
- 243. Youth Employment



The Washington Clubwoman

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# 2022-2024 GFWC-WS Executive Committee:

**President:** 

Susan Tyler

**President Elect:** 

Kimberly Skagen

**Vice President:** 

Cindy Bassage

**Secretary:** 

**Nancy Jones** 

**Treasurer:** 

Virginia "Pinkie" Eggleston

**Columbia District:** 

Paulette Stinson

**King County District:** 

Nancy Larsen

**Peninsula District:** 

Cindy Bassage

**North Eastern District:** 

**Bonnie Rail** 

**North Central District:** 

Margaret Schiffner

**Advisories:** 

**Parliamentary Advisor:** 

Kathie Jorgensen

**Financial Secretary:** 

Nancy Larsen

**Endowment Trustee:** 

Cheryl Holman

**Administrative Secretary:** 

Martha Curwen

### **Events & Special Days**

Feb 15 Reports are due

March 1 Clubwoman of the Year nomina

tions are due to Kim Skagen

March 6 Women's History Event—GFWC

HQ

April Plant a pinwheel garden in

support of Child Abuse Aware

ness & Prevention

April 6 GFWC-WS Peninsula District

**Spring Conference, Woman's** 

**Club of Olympia** 

Apr 18-21 GFWC-WS Convention,

**Clearwater Casino & Resort** 

June 15 Federation Forest Park Workday

June 29 - July 1 GFWC Convention, Chicago

Aug 17 GFWC-WS Summer Planning &

Final WSR Planning Meeting Sumner VFW, 1705 Willow St.,

Sumner, WA 98390

Sept 5-8 WSR Embassy Suites by Hilton,

Seattle-Tacoma International Air port, 15920 West Valley Highway,

Tukwila

Sept 28 National Day of Service-Food

**Insecurity & Hunger** 

Keep up to date with GFWC happenings ... locally, nationally and around the state. Our GFWC-WS website:

https://www.gfwcws.org

Our email for website submissions:

webmasters@gfwcws.org

Find... Forms! Manuals! District events!

Pictures! Club & State newsletters!

So many things to find!



# 2024 GFWC-Washington State Convention WINGs to the Fature

Location: Clearwater Casino

15347 NE SUQUAMISH WAY • SUQUAMISH WA • 98392

PHONE 866-609-8700

**Dates:** April 18 – 21, 2024

#### **Guest Rooms**

	Thursday	Friday and Saturday Rates (April 20-21)			
	Rates Åpr				
	19, 2024				
Tower- King Rooms	\$125 + tax	\$165 + tax			
Tower Queen Rooms	\$125 + tax	\$165 + tax			

The prices quoted are based on double occupancy (2 people) per room per night. For each additional adult please add \$15.00. A limited number of roll-a-way beds are available for \$20.00 per night.

RESERVATIONS: Book online at www.clearwatercasino.com or call 866-609-8700 using Group ID 21252. All reservations or room lists must be received by March 18, 2024. Reservations made after the "release" date are subject to availability and may be at a higher room rate. Guestroom assignments will be made at the time of arrival only. Any special guestroom needs or requests will be taken by the reservation agents and noted on the reservation. Special requests are not guaranteed. HOTEL CHECK-IN & CHECK-OUT. Check-in time is 4:00 PM and Check-out is 11:00 AM. If guests are not checked out by 11:00 AM, a half-day rate charge will be added up to 2:00 PM. After 2:00 PM, a full room rate charge will apply. ALL guests are required to provide a credit card upon check-in. Full payment is required upon check-out.

### Please bring:

#### Fundraising:

Double the opportunity to win a 50/50 split (Saturday and Sunday)

Mugs of Love donated by GFWC-WS Clubs (up to 3 per club)

Gift cards for grab bags (Clubs please bring gift cards.)

Washington State green nametag. If you don't have a nametag, you may order one on the registration form below for \$15.00.

# **Preliminary Agenda**

Thursday, April 18				
3:30 pm – 5:00 pm	Registration table open			
3:30 pm – 4:00 pm	CSP & Special Projects Chairmen meeting			
3:30 pm – 3:45 pm	District Presidents meeting			
4:00 pm – 4:15 pm	Elected Officers meeting			
4:15 pm – 5:15 pm	Budget and Finance Committee meeting			
5:15 pm – 6:15 pm	Executive Board meeting			
6:30 pm – 8:30 pm	GFWC special guest dinner (by invitation only)			
8:30 pm – 10:00 pm	Pub Trivia			
Friday, April 19				
7:00 am- 9:45 am	Breakfast on your own			
7:30 – 8:45	Registration table open			
8:00 – 8:30	Membership / Leadership meetings			
8:00 – 8:30	Federation Forest meeting			
8:30 am – 9:00 am	Nominating Committee meeting			
8:00 – 9:00	Apple Blossom Club meeting			
8:00 – 8:45	Art Room Open			
8:15 – 8:45	Bylaws committee meeting			
9:00 – 12:00	Meeting called to order			
12:00 – 1:00	Lunch, update from Federation Forest			
1:00 - 4:00	Business session			
5:30 - 8:30	Dinner, special guest Mary Beth Williams, GFWC Secretary and program to be announced			
8:30 – 9:30	Reception honoring special guest Mary Beth Williams, GFWC Secretary			
Saturday, April 20				
7:00 am – 8:45 am	Breakfast on your own			
8:00 am – 8:45 am	Presidents Emeritus club meeting			
9:00 am - Noon	Business session resumes			
Noon	Lunch, Refugees at home and around the world Speaker: Lacey Stone, UNHCR			
1:00 – 4:00	Business session resumes			
4:00 – 4:30	2024 – 2026 Board of Director's Meeting			
5:30 - 9:00	2024 – 2026 Installation Dinner			
9:15 pm	Reception honoring 2024-26 incoming elected officers			
Sunday, April 21				
9:00 -Noon	2024 - 2026 Board of Director's Meeting			

Menu:	
Friday lunch:	
COLD SANDWICH DELI BUFFET - Bavarian Ham and Swiss or California Veggie Sandwiches on Croissants with Leaf Lettuce, Sliced Tomatoes and Condiments; Bowtie Pasta Salad with Roasted Vegetables; Spring Berry Salad; Assorted Cookies and Dessert Bars	\$32
Friday Dinner	
CEDAR WRAPPED SALMON - Lightly Seasoned (Smoked Sea Salt) King Salmon; Rice Pilaf; Chef's Choice Seasonal Vegetables	\$58
MACADAMIA CRUSTED CHICKEN - Macadamia Nut Panko Crusted Chicken Breast with Lime Butter Sauce; Rice Pilaf; Chef's Choice Seasonal Vegetables	\$58
Saturday lunch	
MEXICAN FIESTA LUNCH BUFFET - Assorted Tortilla Chips, Roasted Tomato & Chile Salsa, Tomatillo Salsa, Pico De Gallo; Fajita and Taco Bar with Fajita Style Chicken or Taco Seasoned Ground Beef served with Flour Tortillas, Shredded Jack and Cheddar Cheeses, Chopped Romaine Lettuce for Salads Sliced Peppers, Diced Tomatoes, Shredded Lettuce, Black Olives, Green Onions, Sour Cream, Guacamole and Cilantro, Refried Beans, Spanish Rice, Assorted Cookies and Dessert Bars	\$32
Saturday dinner	
SHORT RIBS -Beef Ribs braised in Red Wine, Veal Stock and Mirepoix; Rosemary Roasted Red Potatoes; Chef's Choice Seasonal Vegetable	\$56
CHICKEN SALTIMBOCCA – chicken breast wrapped in Prosciutto with Rich Sage Jus; Rosemary Roasted Red Potatoes; Chef's Choice Seasonal Vegetables	\$56
Sunday Breakfast	
FAVORITE BREAKFAST BUFFET Orange Juice, Apple and Cranberry Juices Assorted Pastries and Muffins Oatmeal with Accompaniments; Sliced Seasonal Fruits; Sausage Links and Smoked Sliced Bacon with Home-Style Breakfast Potatoes, Fluffy Scrambled Eggs	\$35
"Living the Volunteer Spirit"	

# 2024 GFWC-Washington State Convention WINGs to the Future

Name:								
Address:								
City:			Zip	):				
Phone:			eı	email:				
Federation Title	:		•	•				
Club:			D	istrict				
Friday lunch		Cold sandwich deli buffet					\$32	
Friday dinner	er Cedar wrapped salmon;					\$58		
Friday dinner	r Macadamia crusted chicken;					\$58		
Saturday lunch	ınch Mexican fiesta Lunch buffet				\$32			
Saturday dinner	er Beef short ribs					\$56		
Saturday dinner	linner Chicken saltimbocca				\$56			
Sunday breakfas	st	Favorite breakfast buffet				\$35		
Washington State Nametag (if needed) P		Pin bac	k		Magnetic back	\$15.00		
Name on namet	ag:							
Registration fe	ion fee:					\$35.00		
Late fee (if received after March 30, 2024)				\$ 5.00				
							Total:	
Dietary Restrictions:								

Make checks payable to **GFWC-WS State Convention** and send to:

GFWC-WS Treasurer, Pinkie Eggleston 27812 M Place Ocean Park, WA 98640-4882

pinkienegg@centurytel.net

Registration deadline—April 6, 2024
No meal refunds after April 13, 2024; registration fee non-refundable.
One person per form.

"Living the Volunteer Spirit"