



**Unity in Diversity**  
*Capital Woman's Club Newsletter*

**Editor: Dorothy Crowder**  
**November, 2018**

**President: Nardine Sandberg**  
**Vice President: Taryn Loftness**

**Secretary: Lynn Cline**  
**Treasurer: Karen Smith**

**NARDINE'S NOTES**

Dear GFWC Capital Membership,  
Thank you all for your support  
and generous donations. It lifts  
our hearts that it helps others.

*Helping Hands + Teamwork = Strong  
Membership....and Friendships*



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http://classroomclipart.com

**EDITOR'S CORNER**

I don't know about you but I'm sure  
enjoying the fall weather.  
Thanksgiving will be here before  
we know it. November will be a  
busy month for CWC. As I sit here,  
I'm thinking of all the hurting  
people in the world and reminded  
of how truly blessed I am. I have a  
lot to be thankful for this year and  
every year.

**HAPPY BIRTHDAY!!**

Sallie - 11-1  
Bobbie - 11-2  
Ellen - 11-1



Congratulations go to Karen and  
Mike on their 50<sup>th</sup> wedding  
anniversary.

Also, Deborah welcomed her new  
grandson, Thorin Milo on  
October 21<sup>st</sup>.

### Quote

"If ever there comes a time when the women of the world come together purely and simply for the benefit of mankind, it will be a force such as the world has never known.

Mathew Arnold

19<sup>th</sup> Century British Poet and Philosopher



Do you know a neighbor or friend you can invite to our meeting? Tell them about some of the things we do. Also, give them a brochure. I have copies that I will bring to the November meeting.



Thanks to Deborah and Lynn for their generous donation to HBP's. That's truly *"Living the Volunteer Spirit"*. HBP's is thankful that you are helping to feed hungry students. I'm also thankful that our club decided to donate each month. There seems to be no end to the continued growth of students in need. If you would like to join me, I'll collect **small**

**cans of tuna** (7oz) at the next meeting, and choose a different item each month.

### ACTIVITIES

#### Craft Fair

We're hoping to replenish our coffers in a big way with this event. There will be such a variety of items offered that we can't miss! Plus, it's going to be such a fun event. If you aren't signed up to help, please stop by our booth and see what other members have made.

#### "Clockwork"

This is going to be a funny and fun play. I hope we can get a good group to attend. Here is a short synopsis:

The wacky Dunwoody family, who will they murder next? Disappearing frogs, drunken uncles and dithering relatives. After hearing a hysterical tale, Zack dies laughing, literally. Another member of the family is backed over by the family truck, and it goes on and on!

If you would like to go, let me know and I will get the tickets. I will get the tickets and you can pay me day of. Just remember, if you order a ticket and decide you aren't able to go, it's up to you to find someone to buy your ticket. Nov. 11:00 @11:55.

### *Fall Back*



**Don't forget to set your clock back November 3.**



Nardine's dentist, Dr. Lasley, generously donated toothbrushes for our SafePlace drive. Thank you, Dr. Lasney, for helping us help our community through your donation.

### Legislative Action Center

If you read your "News and Notes", there is a link to email your legislators to support S2945, the STOP School Violence Act to make schools safer using modern technology. Go to that site and let Maria Cantwell and Patty Murray know that you expect them to act on this in a favorable way.

REMEMBER WOMEN'S SUFFRAGE AND  
PLEASE VOTE!



TUESDAY, NOVEMBER 6TH

### QUOTE

**"IT'S NEVER TOO LATE TO BE WHAT YOU MIGHT HAVE BEEN.....GEORGE ELIOT**

### COLLECT CON'T.

"May we put away all pretense and meet each other face to face, without self-pity and without prejudice."

Sounds like Mary Stewart is telling us if we have something to say, say it face to face, not to anyone else. Unless there's a mediator involved, no one else has to know about any conflict. We need to lay aside our personal differences and work as one. Does that sound about right to you? Did you ever know of a group of ambitious women who could work together without heated discussions at some point? Not happenin'!



This awesome bunch of ladies really came through for Safe Place; toiletries, personal hygiene products, pillows, all sorts of things, and of course the tooth brushes from Dr. Lasley's office.



### Cranberry Stuffing

- 1 Can chicken broth
- Generous dash of pepper
- 1 Stalk of celery, coarsely chopped
- ½ Cup fresh or frozen cranberries
- 1 Small onion, coarsely chopped
- 4 Cups stuffing mix
- (I use ½ bread and ½ cornbread
- 1 Tbsp. sage
- 2 Tbsp. fresh rosemary, chopped
- 1 Tsp. salt

**Mix** broth, pepper, celery, cranberries, onion and rosemary in saucepan. Heat to a boil. Cover and cook over low heat 5 minutes or till vegetables are tender.

**Add** stuffing. Mix lightly. Bake about 20 minutes at 350 degrees, just till lightly browned. Serves 5 or 6

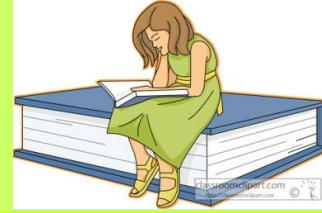


**If you have a recipe you'd like to see here, please send it to me.**



*Don't forget to take time for the small pleasures in life.*

Come enjoy a meal with ESO and share the book(s) you are reading or have read lately.



### UP-COMING EVENTS

- 11/02 - Set- up for craft fair
- 11/03 – Craft Fair @ Faith Lutheran
- 11/07 – Bagging at HBP’s
- 11/11 – Play “Clockwork” @ OLT
- 11/14 –ESO
- 11/19 – CWC Meeting

### NOVEMBER CALENDAR

Su	M	T	W	Th	F	Sa
				<u>1</u> Sallie	<u>2</u> Bobbie Set=up	<u>3</u> Craft Fair
<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u> HBP Bag	<u>8</u>	<u>9</u>	<u>10</u>
<u>11</u> Ellen Play	<u>12</u>	<u>13</u>	<u>14</u> ESO	<u>15</u>	<u>16</u>	<u>17</u>
<u>18</u>	<u>19</u> CWC	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>

Plans for the fashion show are beginning to come together. Virginia and Deborah are working hard to make this a success. Stay tuned for more information.