



# The GFWC-WS ESO Newsletter

August 2020

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Hope all ESO members have been busy reading during the Pandemic. Did you read that novel you have been putting off for years, or read a series of 10 books you didn't want to start till "you had the time"? As for myself, I have read 30 books and so have many fellow ESO members from the report cards sent in. In our neighborhood, our lending little book box has been kept busy. We have not only books for adults and children, but games, puzzles and DVD's .

We have some exciting new things from our GFWC Education and Libraries Chairman, Tina Daniel, Ed.D.,LPC.

**ESO Facebook Book Group** is meeting online to discuss various books. There will be a featured book each month. July was "KICK OFF CAMPAIGN" to invite GFWC members to the GFWC 2020-2022 ESO Book Club. The first book was "Bury Me In My Pearls" by Jane Jenkins Herrlong , Honorary Chairman. Members will be able to order the book online through Amazon for a special price or on your Kindle during July. Jane has a special Kindle price of \$.99. Read the book in August with author and member chats hosted thoughtfulness the month. Events July 21 & 28 Featured videos, August 4,11,18 Jane's Q & A August 26 Live interview with Jane. For the month of **September** "Passion, Purpose and Pajamas" by Genevieve Piturro and Virtual Ways to Volunteer in the CSP. Preview for **October** "The Short Bus: A Journey Beyond Normal" by Jonathan Mooney

## **What to do? Request to be added to the GFWC 2020-2022 ESO Book Club on Facebook.**

Order or download your book. Read and laugh out loud at the funny tidbits of wisdom Jane shares. Watch and join in the "Talk About it Tuesday" author chats and videos. Remember August 4,11,18 and 26.

Post your comments during August

**Well Read Wednesdays** - Each week on Wednesdays on the ESO Book Group page of Facebook there will be a list of books released for members to review and add to their "TBR" list.

**Technology suggestion:** Try this phone app: "LIKEWISE" it's free, fast and easy to find whatever book you are looking for.

A study from Yale suggests that one benefit of reading books is longer life. Book readers had a 23 month longevity advantage compared to none readers. Why? They theorize readers acquire critical thinking skills while at the same time developing "empathy, social perception and emotional intelligence". Simply put "Reading books is helping you keep your brain sharp which helps to live longer"

Jeanette Jester, ESO Study Director